Children who experience trauma often demonstrate a range of physical, intellectual, and behavioral conditions that can compromise their success in school, at home, and in other social settings. To better meet the needs of children who have experienced trauma, professionals and caregivers are encouraged to learn more about and alter their response to traumatized children. Many schools and systems that serve youth are also working to become "trauma-informed." This shift in how we address the needs of traumatized children has been informed by data estimating that 10-20% of children experience post-traumatic like symptoms following a single trauma event and if left untreated, can result in health-related problems well into adulthood. ([Hiller & Halligan, 2018](#) para. 4)

This month’s Montana Minute focuses on trauma and better understanding and helping children who experience trauma. We have included a training module that explains the complexities of trauma and provides practical suggestions on how to best manage children who have experienced trauma. Finally, we describe the ACE study and how the findings from this research are being used to help prevent long-term health problems.

*The University of Montana’s Center for Children, Families, and Workforce Development was established in 2015 to partner with the child protection, health, educational, and judicial systems to develop and deliver educational and training resources to professionals and caregivers statewide. The Center also conducts research that focuses on solving problems that impact children and families. The Center receives support from the University of Montana, College of Health Professions and Biomedical Sciences, and School of Social Work.*
Did You Know?

Featured Training Module: Trauma and Adverse Childhood Experiences

This month's training module focuses on Trauma and ACEs. Dr. James Caringi, Professor at the University of Montana and an expert in the field of trauma describes trauma-related symptoms, provides suggestions for professionals and caregivers, and explains the implications of the ACE study.

[Link to Training Module]

[Link to CCFWD Toolkits]

Resources

You can help by knowing...

- [How to Parent a Child Who has Experienced Trauma](#)
  Brief article on understanding trauma and how to help your child prepared by the Child Welfare Information Gateway

- [The Signs of Trauma in Children](#)
  What to look for by the Child Mind Institute

- [Tips for Supporting a Child with Trauma History](#)
  Youth Dynamics offers this tip sheet

- [Helping Traumatized Children--Caregivers Guide](#)
  A Guide for Caregivers from the Child Trauma Academy

Other Resources:

- Information on ACEs
- Secondary Trauma
- Trauma Informed Care
- The National Child Traumatic Stress Network

Upcoming Events:
**Child and Family Services ECHO**

Billings Clinic and UM's Center for Children, Families and Workforce Development are partnering to bring Child and Family Services Division a unique opportunity to obtain expert knowledge, feedback and peer support in a six-month pilot of trauma-informed learning and case consultations via Project ECHO. Project ECHO, a video-based tele-mentoring platform, is utilized by Billings Clinic to reach clinicians across Montana on a variety of topics including pediatric and adult mental health, opioid use disorders, and adverse childhood experiences. Child and Family Services ECHO will focus on supporting child welfare professionals working with children who have been exposed to complex childhood trauma, including abuse and neglect. Child and Family Services ECHO will connect Montana's child welfare professionals with regional and national experts for peer support, service knowledge enhancement, case discussions and treatment planning.

**Child and Family Services ECHO next session on May 3, 2018 from 11:30 - 1 at CFSD offices.**

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**May Training on Engaging and Supporting Kinship Families!**

Spots are still available for our training on Supporting Kinship Families in Billings and Helena. Use the following link to register.

**Billings, May 2, 2018**
**Helena, May 9, 2018**