



MONTANA KINSHIP NAVIGATOR PROGRAM

MSU Extension Program

The Montana Kinship Navigator Program offers support, resources and referrals to kinship caregivers in finding and acquiring services and programs for themselves and the children they are raising. The Montana Kinship Navigator Program primarily focuses on grandparent and relative well-being, providing research-based resources and support to manage the physical and emotional stress of kinship caregiving. The program supports Montana's rural areas, Montana's Native American Tribes, and Montana's urban cities.

Resources for Caregivers

The Montana Kinship Navigator Program offers peer support and educational opportunities for caregiver kin. Education opportunities include:

[Powerful Tools for Caregivers \(PTC\):](#)

A six-week class that helps family caregivers develop skills to care for themselves while caring for someone with a chronic illness.

[Parenting a Second Time Around \(PASTA\):](#)

An eight-part, strengths-based workshop series for any kin, foster parents, or others who are parenting again.

You can find more information on the website:

[Montana Kinship Navigator Program Website](#)

[Montana Kinship Navigator Program Support Groups & Educational Programs](#)

[Montana Kinship Navigator Infographic](#)

If you have any questions, contact:

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