Montana has a new state plan addressing the current and future needs of individuals and families with Alzheimer’s Disease and Related Dementias. In order to assist communities with addressing these needs, the Montana Geriatric Education Center offered stipends for community projects focused on dementia education.

Communities that received funding provided dementia awareness and education activities. Communities receiving funding in 2017 include: Billings, Bozeman, Broadus, Butte, Glasgow, Glendive, Helena, Kalispell, Missoula, and Sidney. Activities provided in these communities included:

**Public Education:**
- Mom, Dad...Can We Talk? Someone Stole My Iron
- Bibliography of books and DVDs for all ages on dementia.
- Books, DVDs, and resources on dementia purchased for public and school libraries.
- Newspaper stories and letters to the editor focused on dementia and addressing dementia locally.
- Aging newsletters - stories and promotion of local education and activities
- Dementia Friendly Community webinar to engage community in becoming more dementia friendly.
- Partnered with high school Health Occupations Student Organization (HOSA)/Senior Project students record podcasts of children’s experience with family members with dementia.
- Partnered with public radio to have story books and podcasts on dementia presented on air.
- Montana State Alzheimer’s and Dementia State Plan was distributed to 170 libraries across Montana.
- Brochures were placed in primary care offices listing community resources and other information.

**Dementia Training:**
- Memories in the Making facilitator training in Billings, Bozeman and Missoula
- CARES® Dementia Related Behavior (with essentiALZ Plus certification) online training
- Alzheimer’s Disease and Dementia Care Seminar from the National Council of Certified Dementia Practitioners (NCCDP)
- Dementia in-service training for facility professional staff and direct care workers
- Webinars partnering with Mountain Pacific Quality Health (MPQH)
- Dementia activity books provided for facilities and senior centers for their Activity Departments.

**Community Events:**
- Dementia Awareness Walk/Seminar
- Public Library display of books and resources

**Support Groups:**
- Provided education for support groups
- Assisted in establishing support groups
Resources for Memory Loss, Dementia, and Alzheimer’s Disease

Alzheimer’s Association: [www.alz.org](http://www.alz.org)
- 24/7 Helpline- answered by trained Dementia Care Consultants: 1-800-272-3900
- Alzheimer’s Navigator - create a personalized action plan: [www.alzheimersnavigator.org](http://www.alzheimersnavigator.org)
- On-line Community for those affected by Alzheimer’s: [www.alzconnected.org](http://www.alzconnected.org)
- Find support groups near you by calling the Helpline

Montana Department of Public Health and Human Services
- Aging Services Bureau - a myriad of services available to seniors: 1-800-332-2272 [dphhs.mt.gov/seniors](http://dphhs.mt.gov/seniors)

Montana State University Extension: 406-994-6745
- Family & Human Development - providing research-based information to help make informed decisions: [www.msuextension.org/health/programs.html](http://www.msuextension.org/health/programs.html)
- Powerful Tools for Caregivers Workshop – 6 part classes taught state-wide
- MontGuides – fact sheets that cover various topics of Caregiving, Stress Management, Estate Planning, End-of-Life and more: [www.msuextension.org/health/msu_montguides.html](http://www.msuextension.org/health/msu_montguides.html)

US Department of Health and Human Services
- Eldercare.gov – a service of the U.S. Administration on Aging to find services anywhere in the U.S: 1-800-677-1116 [www.eldercare.gov](http://www.eldercare.gov)

Alzheimer’s Foundation of America: [www.alzfdn.org](http://www.alzfdn.org)
- Provides information and services to individuals (Free hard copy magazine, AFA Care Quarterly)
- Licensed Social Workers available: 1-866-232-8484

Family Caregiver Alliance/National Center on Caregiving: [www.caregiver.org](http://www.caregiver.org)
- If you are a caregiver seeking help with caregiving: 1-800-445-8106
- Resources on other Dementias - Lewy-Body, Frontotemporal, Stroke (Vascular Dementia), Parkinson’s, Mild Cognitive Impairment: [www.caregiver.org/resources-health-issue-or-condition](http://www.caregiver.org/resources-health-issue-or-condition)

Veterans Affairs
- Offers training, educational resources, and multiple tools: [www.caregiver.va.gov](http://www.caregiver.va.gov)
- VA’s Caregiver Support Line: 1-855-260-3274

Montana State Library: [http://msl.mt.gov](http://msl.mt.gov) 1-800-338-5087
- Search for books /DVDs by entering “dementia” in Advanced Search.

Montana Alzheimer’s and Dementia State Plan: [www.MtAlzPlan.org](http://www.MtAlzPlan.org)
- Montana’s State Plan and resources available

(This resource list provided by the Montana Alzheimer’s / Dementia Work Group)