

## Target Audience

This continuing education program is designed for administrators, nurses, nursing home administrators, occupational therapists, pharmacists, physicians, physician assistants, psychologists, physical therapists, social workers, tribal health administrators and practitioners, and other health care providers working in geriatric care and education.

## Goal

Participants will gain useful knowledge on the management of chronic disease in older adults, including how to facilitate self-management.

## Objectives

Upon completion of the conference, participants should be able to:

1. Describe the impact of multiple chronic conditions on individual patients and on the health care system.
2. Discuss the contributions of the interdisciplinary health care team members in the management of chronic disease.
3. Summarize the common medication-related problems occurring in older adults, focusing on falls.
4. Define the impact of medication non-adherence to the treatment plan in the management of chronic disease.
5. Describe how greater patient activation contributes to better chronic disease self-management.
6. Describe strategies for increasing patient activation.
7. State the common consumer health technologies used to foster patient engagement in chronic illness.
8. Describe the use of eHealth tools in the management of chronic disease.
9. Identify examples of educational efforts in Montana to facilitate self-management of diabetes.

## Continuing Education Credit

Participants at each site will be required to sign the attendance sheet and return the participant profile form, the pre/post test, evaluation, and one copy of the implementation plan. CE certificates will be provided within 30 days of the conference.

### Continuing Medical Education

Accreditation Statement: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of St. Vincent Healthcare and the Montana Geriatric Education Center. St. Vincent Healthcare is accredited by the ACCME to provide continuing medical education for physicians.

### Credit Designation

St. Vincent Healthcare designates this live educational activity for a maximum of ( 6.0 ) *AMA PRA Category 1 Credits*.™ Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### Physician Assistants

AAPA accepts certificates of participation for educational activities certified for *AMA PRA Category 1 Credit*™ from organizations accredited by ACCME. Physician assistants may receive a maximum of 6 hours of Category 1 Credit.

### Pharmacists



The Skaggs School of Pharmacy at the University of Montana is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This knowledge based program is approved for 6.0 contact hours for pharmacists and pharmacy technicians. The Universal Activity Number for this program is 0035-9999-16-026- L04-P/T (0.60 CEU). Participants, who attend the entire program, sign the attendance roster, complete the program evaluation & other requirements will receive 6.0 hours (0.60 CEU) of ACPE continuing education credit; this credit will be uploaded to CPE Monitor within 30 days after the program.

### Nurses

The Montana Geriatric Education Center is an approved provider of continuing nursing education by the Montana Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Contact Hours 6.5 (including 6.5 Rx hours)

### Nursing Home Administrators and Assisted Living Administrators

Montana Geriatric Education Center is a certified pre-approved provider of continuing education credit with the Montana Board of Nursing Home Administrators.

### Psychologists

Psychologists may submit this program to the Montana Psychological Association for continuing education credit by sending a certificate of attendance, handouts and program schedule of the conference.

### Social Workers and Professional Counselors

Montana Board of Social Work Examiners and Professional Counselors continuing education credit has been requested for 6.5 hours.

### Occupational Therapists

Montana Board of Occupational Therapy Practice continuing education credit has been requested for this program for 6.5 hours.

### Physical Therapists

Physical Therapists can submit this activity for 6.5 contact hours (0.65 CEU).

## Montana Geriatric Workforce Enhancement Program

of the

## Montana Geriatric Education Center

in cooperation with

**St. Vincent Healthcare & UM Skaggs School of Pharmacy**

presents

## Managing Chronic Disease in Older Adults

**Tuesday, October 11, 2016**



Continuing Education for Health Professionals

NON-PROFIT ORG  
U.S. POSTAGE PD  
MISSOULA, MT  
PERMIT #100

Montana Geriatric Education Center (M64564)

Skaggs Building  
University of Montana  
Missoula, MT 59812-1522

# Registration

Fees include conference materials and continuing education credit. There will be a continental breakfast and lunch in Billings, and a continental breakfast in Missoula. There will not be provisions for food at teleconference sites.

**Registration Deadline: September 30, 2016, for packet at site**

## Register Online at:

[www.svh-mt.org/calendar](http://www.svh-mt.org/calendar)

⇒ click on conferences

or

⇒ type in keyword: MTGEC

If you need assistance, please call St. Vincent's

406.237.3348



## Available sites:

- **Missoula:** UM Todd Building, Rooms 203 & 204 (\$3 parking passes will be available at check-in)
- **Billings:** Mansfield Health Education Center
- **Bozeman:** MSU Engineering/PS Bldg., Room 127
- **Butte:** MT Tech, SUB Big Butte/Highlands Room
- **Chinook:** Sweet Medical Center, Main Lobby
- **Choteau:** Teton Medical Center, Board Room
- **Dillon:** Barrett Hospital & Healthcare, Main Conference Room
- **Fort Benton:** Missouri River Medical Center, Basement Conference Room
- **Glasgow:** Francis Mahon Deaconess Hospital, Telemed Conference Center
- **Glendive:** Glendive Medical Center, Telemed Conference Center
- **Great Falls:** Sletten Cancer Institute, Hope Education Room 1
- **Havre:** Northern Montana Health Care
- **Helena:** St Peter's Hospital, Education Center
- **Kalispell:** Flathead Valley CC, 139 Arts & Tech Bldg.
- **Livingston:** Livingston Healthcare, Telemed Room
- **Miles City:** Holy Rosary Healthcare, Room 34
- **Poplar:** NE Montana Health Services, Poplar Hospital Conference Room
- **Wolfpoint:** NEMHS, Trinity Hospital, Conference Room

## Registration Fees

**\$50** - Billings & Missoula with CE/CME

**\$35** - Video conference sites with CE/CME

**\$25** - Without CE (any site)

**Free** - Students (must register to reserve space)

**Cancellation/Refund Policy:** Refunds will be honored when request is received, in writing, by October 4, 2016.

**Please Note:** In order to receive CE credit for attendance, participants must sign the attendance sheet and return the participant profile, pre-/post-test, conference evaluation, and one copy of the implementation plan form. CE certificates will be provided within 30 days of the conference. Pharmacists must provide a NABP eProfile ID and birthdate (mmdd) if you are interested in receiving ACPE continuing education credit. If we do not receive this information from you within 60 days after the program, you will not be eligible to receive the credit.

The Montana Geriatric Workforce Enhancement Program is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant number U1QHP28733, Geriatric Workforce Enhancement Program (GWEP); the total award is \$2,143,140 and supports the program 100%. This information or content and conclusions are those of the program and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS or the U.S. Government.

# Tuesday, October 11, 2016

## Managing Chronic Disease in Older Adults

**7:45 to 8:00**

Registration, complete pre-test & participant profile

**8:00 to 8:15**

Introductions and disclosure statement

**8:15 to 9:30**

**Managing Chronic Conditions to Achieve Positive Health Outcomes**

**Cynthia Boyd, MD, MPH**

(Presenting from Billings)

Dr. Cynthia Boyd is an associate professor of medicine at the Johns Hopkins University School of Medicine. She holds a joint appointment in health policy and management at the Johns Hopkins Bloomberg School of Public Health. Dr. Boyd is a core faculty member at the Johns Hopkins Center on Aging and Health and the Roger C. Lipitz Center for Integrated Health Care. Dr. Boyd's interests include the clinical care of comorbid chronically ill and frail older adults, both chronically and during acute illness such as hospitalization.

**9:30 to 10:45**

**Medication-Related Problems in Older Adults: Finding Solutions**

**Zachary Marcum, PharmD, PhD, BCPS**

(Presenting from Missoula)

Dr. Marcum is an assistant professor in the Department of Pharmacy at the University of Washington. He is an investigator on federally funded research grants and is author of more than 50 peer-reviewed publications. He has received an American Geriatrics Society New Investigator Award and a Next-Generation Pharmacist Rising Star of the Year Award. Previously, he completed a two-year fellowship in geriatric pharmacotherapy research at the University of Pittsburgh and a PGY1 pharmacy practice residency at the Indianapolis VA Medical Center.

**10:45 to 11:00 Break**

**11:00 to 12:15**

**Increasing Patient Activation to Improve the Management of Chronic Disease**

**Judith Hibbard, PhD, MPH**

(Presenting from Missoula)

Dr. Judith Hibbard is a research professor, Health Policy Research Group, University of Oregon, and Professor Emerita, Department of Planning, Public Policy & Management, University of Oregon. Her research has focused on consumer choices and behavior, with a particular emphasis on testing approaches that give consumers and patients more knowledge and control over their health and health care.

**12:15 to 1:15 Lunch**

**1:15 to 2:30**

**Examining the Role of eHealth Technologies in Promoting Engagement and Chronic Disease Self-Management for the Older Adult**

**Perry Gee, PhD, RN, CPEHR**

(Presenting from Billings)

Dr. Perry Gee has been a registered nurse for over 30 years and has over 20 years' experience as a Clinical Informatics Specialist and educator. Perry is currently a Nurse Scientist at Dignity Health, where he focuses on research involving patient engagement. His current research interests are in the area of diabetes self-management, consumer health informatics, e-patients, eHealth, on-line health communities, personal health records, and the use of health technologies for chronic illness self-management support.

**2:30 to 2:45 Break**

**2:45 to 3:45**

**Panel: Diabetes Education in Montana**

(Presenting from Billings)

Barbara Holloway, RN, BSN, Billings Clinic  
Stephanie Paugh, PharmD, Mountain Pacific Quality Health

**3:45 to 4:00**

Return evaluation, participant profile, one copy of the implementation plan, and the pre-/post-test.