AGENDA

- Social Determinants of Health
- Demographic Shift
- Unprecedented Opportunity
- Age-Friendly Communities
- Age-Friendly Research & Practices

Social Determinants of Health

“conditions in which people are born, grow, live, work and age”

*Healthy People 2020*
Modifiable Social Determinants of Health

- Physical Environment: 10%
- Health Care Services: 20%
- Health Behaviors: 30%
- Social/Economic Factors: 40%

(Columbus Public Health, 2017)

MAP 3: POVERTY²
By ZIP Code
Franklin County, 2011-2015

MAP 2: LESS THAN HIGH SCHOOL DIPLOMA²
By ZIP Code
Franklin County, 2011-2015

(Columbus Public Health, 2017)
Place Matters for Individual Health and Well-being

Unprecedented Opportunity
**Age-Friendly Communities**

- Elder Driven
- Social, Built, and Service Environments
- Collaboration
A Day in the Life of Karen

Age-Friendly Research

1. Conceptual and Descriptive
2. Organizational and Community Outputs
3. Population/Individual Outcomes
4. Neighborhood Effects

(Lehning & Greenfield, 2017)

1. Conceptual and Descriptive

Integrated Age-Friendly Model
a) Environmental fit & accessibility
b) Social engagement
c) Multi-dimensional health & wellbeing

(Scharlach & Lehning, 2016; Lehning & Greenfield, 2017)

2. Organizational and Community

• Better coordination across gov’t agencies
• Enhanced public/private collaboration
• Increased use of community resources
• Changes in local ordinances
• Modifications to the built environment

(Lehning & Greenfield, 2017)
3. Population/Individual Outcomes

- Increase independence
- Improved quality of life
- Improved health and wellness
- Meaningful participation

*(Lehning & Greenfield, 2017)*
4. Neighborhood Effects

- Walkability
- Home modifications
- Social participation
- Volunteer opportunities
- Access to home and community-based services

(Lehning & Greenfield, 2017)

Activities and Evaluation Resources

International Federation of Aging - Age-Friendly Innovation Exchange

World Health Organization's Database of Age-Friendly Practices

AARP Livability Index

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