Students completing the Health Promotion Practices Degree will be prepared to use theory and evidence-based practices to coach and assist clients with chronic disease management, health promotion, chronic disease prevention, stress management, and motivation to achieve a healthier lifestyle. The curriculum is uniquely designed to prepare students with the knowledge and skills necessary to work with Native American individuals and communities. Students also participate in an internship, providing the opportunity to gain practical experience and work with potential employers.

The Degree was also specifically designed to articulate with the University of Montana’s Bachelor Degrees in Community Health and Prevention Sciences. Students who complete the degree will be able to transfer to that Bachelor Degree with junior standing.

In this program students will.

• Understand of the science of basic human physiological functions as they relate to human health and disease.
• Demonstrate an understanding of the fundamentals of chronic disease prevention and management.
• Demonstrate personal health planning, goal setting, motivation, and strategies for change as they are related to nutrition, exercise, chronic diseases, and substance abuse.

Typical Schedule:
2 academic years: morning and afternoon courses.

For more information contact:
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